

## Newcomer Employment Services for Adults



**Newcomer Employment Services for Adults** (NESA) offer a variety of services to enhance understanding of the Canadian labour market work culture. Employment coaches assist newcomers, pre and post arrivals, to successfully apply their skills in the Canadian work force.

**Employment coaches** will assist you to:

- Develop an employment action plan;
- Learn job search techniques, practice interview skills and understand the Canadian job market;
- Explore further training options to meet short- and long-term employment goals;
- Find and apply for job opportunities;
- Build a professional network by offering bridging programs, networking opportunities and mentorship connections;
- Become an independent job seeker;
- Help newcomers with regulated professions by offering guidance and referrals to regulatory bodies, agencies and programs including Workplace Essential Skills Training (WES).

**Employment workshops and training** include:

- Employment and networking sessions;
- Career information and recruitment sessions;
- Skills enhancement training including:
  - First Aid and CPR
  - Food Safety Certification



**Adult Skills Launch** is an employability program for newcomers ages 30 plus experiencing barriers to employment. It offers occupational and sector-specific learning opportunities to guide newcomers to overcome barriers and successfully enter the New Brunswick labour market.

The Adult Skills Launch Program offers paid 12-week in-class training including:

- Labour market and workplace readiness
- WES
- Digital Literacy
- Wellness activities
- Community volunteering

In-class training may be followed by a paid 3 to 6 month work placement with various community employers, often leading to full-time employment.

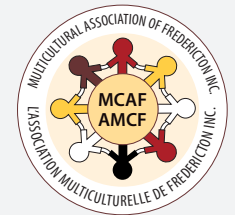
**Head Start to Employment** creates clear pathways to meaningful employment for newcomers. Head Start provides services including:

- Pre-arrival employment services
- Navigation and awareness of provincial employment services
- Support in pathways to International Qualification Recognition
- Engaging employers to ensure they can attract, hire and retain globally competitive talent

The **Federal Internship for Newcomers (FIN) Program** offers eligible newcomers an opportunity to gain valuable temporary work experience and training opportunities with Canadian federal, provincial and municipal organizations.



The **Mentorship program** connects newcomers with mentors having similar backgrounds, guiding newcomers to settle/integrate in the local labour market through professional advice, connections and support.



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