

JUNE 2026 ISSUE

MULTICULTURAL ASSOCIATION OF FREDERICTON INC. (MCAF)

follow us on social media: [Facebook](#) [Instagram](#) [LinkedIn](#) [YouTube](#)



28 Saunders Street
 Fredericton, NB, E3B 1N1
 Tel: (506) 454-8292
 Fax: (506) 450-9033
 Email: mcaf@mcaf.nb.ca
WWW.MCAF.NB.CA



2026
 JUNE/JUIN

SUN/DIM	MON/LUN	TUE/MAR	WED/MER	THU/JEU	FRI/VEN	SAT/SAM
	1	2	3	4	5	6
7	8	9	10	11	12 PD Day Journée pédagogique (K-5 Francophone)	13
14	15	16	17	18	19 Last day school Dernier jour d'école Newcomer Scholarship 2026 Paper Application Deadline Date limite de soumission des demandes papier pour la Bourse des nouveaux arrivants 2026	20 World Refugee Day Journée mondiale des réfugiés
21 National Indigenous People's Day Journée nationale des peuples autochtones Newcomer Scholarship 2026 Online Application Deadline Date limite de soumission des demandes en ligne pour la Bourse des nouveaux arrivants 2026	22	23 Children & Youth Summer Programs Start Début des programmes d'été pour les enfants et les jeunes	24	25	26	27 Canadian Multiculturalism Day Journée canadienne du multiculturalisme Cultural Expressions Festival Festival d'expressions culturelles
28	29	30				

HEALTH & WELLNESS ACTIVITIES

ACTIVITY

DATE & TIME

LOCATION

Knitting Circle

If you want to learn how to knit or have an item you have been working on and want to have support finishing it, please join us!

Saturdays
11am-1pm

MCAF Reception
Area

Women Sewing Program

Whether you're just starting out or have been sewing for years, our Sewing Circle is a welcoming space for everyone!

Saturdays
1-4pm

Room 142

Women Quilting Classes

Quilting is the process of joining together two or more layers of fabric. MCAF is welcoming space for quilting workshop for everyone ! We provide the materials, bring your own project or start something new

Saturdays
1-4pm

MCAF Reception
Area

[Registration link](#)

For more information: community-liaison@mcaf.nb.ca

SETTLEMENT INFORMATION & ORIENTATION SESSIONS

IN ENGLISH, WITH INTERPRETATION AVAILABLE UPON REQUEST
(FRENCH, ARABIC, MANDARIN, DARI, PASHTO, SOMALI, SWAHILI, TIGRINYA AND UKRAINIAN)

SESSION	DATE	TIME	LINK
MCAF Intake Sessions for new arrivals For newcomers who have just arrived in Fredericton, want to meet with MCAF staff & learn about MCAF and community programs and services	Tuesdays Thursdays	10:30am	Registration
Q&A Session for NAARS Settlement Plan For newcomers with questions about the NAARS settlement plan and seeking an advice from a SINAAR worker	Wednesdays Fridays	10:30	Registration
Q&A Session for AIP Settlement Plan This session offers info on the Atlantic Immigration Program (AIP) for newcomers in Fredericton (6 months or less)	Mondays	4pm	Registration
Exploratory visit - NB Business Immigration Stream	Tuesdays	11am	Registration
Q&A Session: Ask the Settlement Worker One on One sessions for MCAF clients who are looking for support and guidance with specific settlement related challenges	Thursdays	9:30am	Registration
Public Legal Education and Information Service of NB (PLEIS NB) Overview and Introduction to Legal Topics An overview of PLEIS-NB's free legal information services and an introduction to various legal topics including; family law, tenancy law, employment law, and human rights law.	June 2	9:30am	Registration
Fire Safety Education to Newcomer Introduction to MCAF programs and services. On this session you will know about MCAF programs, services and resources available to newcomers.	June 9	2:30pm	MCAF Registration
National Indigenous People's Day Presentation This session will explore how local weather patterns affect the gardening season, the types of soil in our area, and which crops grow best in our climate. It will also cover how to access land through community gardens.	June 18	10am	MCAF Registration
Navigating the Canadian Healthcare System: How to schedule an online appointment for Xray and blood work Learn about how to schedule an online appointment for X-ray and blood work at the hospital by using the online booking link to choose their preferred date and time.	June 23	9:30pm	Registration
Volunteer with MCAF Learn about volunteering opportunities at MCAF and discover how volunteers support newcomers and the local community. In this session, you will learn why volunteering is important, what volunteers can do at MCAF, and how volunteering can help build skills, connections, and community involvement.	June 30	9:30pm	Registration

For more info on settlement I & O sessions: settlement@mcaf.nb.ca

ACCESS TO COMMUNITY RESOURCES

COMMUNITY FOOD SMART

Fresh. Affordable. Local

Enjoy a bag of fresh fruits and vegetables delivered monthly to a pickup location near you for just \$15



- Join through a local distributor: Scan the QR Code or the link: <https://forms.office.com/r/5Q2aaecJqN>
- You will be contacted to Place your order at the beginning of each month
- Pick Up: Collect your bag one week later at the MCAF reception



Each bag includes fresh, seasonal produce with staples like apples, oranges, potatoes, and carrots.

For more information: community-liaison@mcaf.nb.ca

INTEGRATED COMMUNITY SERVICES ON SITE

SERVICE

DATE & TIME

Cst. Gino Scichilone, Community Liaison, Fredericton Police Force

June 2, 10am-12pm

Just Us; We All Struggle Inc. Free mental health counselling services

Free mental health counselling is available in person at MCAF, provided by Just Us; We All Struggle Inc. Language line available when requested. To book an appointment, please **CLICK HERE**, or contact the MCAF Health & Wellness Navigator at 506-471-0966.

Every Tuesday, 9am-12pm



Cultural Café at Fredericton Public Library Café culturel à la bibliothèque publique de Fredericton



This activity will be provided in English / Cette activité sera proposée en anglais

Cultural Café is a social space where newcomers, immigrants, and locals meet, share cultures, and learn from each other.

Le Café culturel est un espace social où les nouveaux arrivants, les immigrants et les habitants se rencontrent, partagent leurs cultures et apprennent les uns des autres.

June 24 at 6pm / 24 juin à 18h

**Location: Fredericton Public Library
Lieu : Bibliothèque publique de Fredericton**



Scan to register



Funded by / Financé par :



ENGLISH LANGUAGE LEARNING

ONLINE ENGLISH CONVERSATION GROUPS

CLB 3-4 language level: Saturdays 9-10am - online

CLB 5+ students: Saturdays 10-11:30am - onsite

To join the conversation groups: esl@mcaf.nb.ca

ON-SITE & ONLINE ENGLISH CLASSES

MCAF offers ESL classes for eligible candidates. Class levels are from Foundation Literacy to CLB6. To join an English class: esl@mcaf.nb.ca

INFORMAL LANGUAGE LEARNING

SESSION

DATE & TIME

English Conversation Circle CLB 6+ In Partnership with United for Literacy

Saturdays, 9-11am
MCAF

Speaking & Listening for CLB 3 & CLB 4 In Partnership with United for Literacy

Saturdays, 9-11am
MCAF

CANADIAN ENGLISH LANGUAGE PROFICIENCY INDEX PROGRAM (CELPIP)

We've added additional CELPIP test dates in the MCAF computer lab. Starting in January, Sunday test dates will also be available!

To schedule your test or view upcoming test dates, visit: <https://www.celpip.ca/city/fredericton/>

ENGLISH LANGUAGE TUTORS PROGRAM

Join our English Language Tutors Program and get matched with a volunteer tutor who will help you practice English in a friendly and supportive environment.

What you get:

- One-on-one sessions with a volunteer tutor
- Flexible schedule
- A chance to learn at your own pace

To join English Language Tutors Program: esl@mcaf.nb.ca

VOLUNTEER WITH MCAF

Why Volunteer with MCAF?

- Make a real difference in the lives of newcomers.
- Build lasting friendships and meaningful connections.
- Learn about diverse cultures, traditions, and customs.
- Gain valuable experience and skills that enrich your personal and professional life.

VOLUNTEER OPPORTUNITIES – LEARN MORE



First Fredericton Friend (FFF):

Connect with newcomers, practice English together, explore the city, and build meaningful cross-cultural friendships.

Career Mentorship:

Support skilled newcomers by sharing insights about your profession and the Canadian job market.

English Language Tutors:

Meet weekly for 1–1.5 hours to help newcomers improve their English through simple, supportive activities.

Special Event Volunteers:

Join us for short, fun volunteer opportunities during MCAF's major cultural and community events.

For more info: volunteer@mcaf.nb.ca

Ready to be a volunteer? Scan & Apply



PRE-EMPLOYMENT SERVICES

EMPLOYMENT GROUP SESSIONS

MCAF’s Pre-Employment Services offers virtual and in-person employment sessions for all registered clients. These sessions are designed to help you build skills, gain confidence, and succeed in your job search.

Please note that our online sessions now begin at 12:00 PM, and in-person networking sessions will continue to be held at 2:00 PM.

This June, we’re hosting online training sessions for adults and youth so don’t miss this chance to learn and connect!

[CLICK HERE TO REGISTER FOR OUR EMPLOYMENT SESSIONS!](#)

Sessions will be recorded and uploaded to our [YouTube channel](#) if you are unable to attend live. Be sure to follow us so you don’t miss a thing!

DATE	SESSION
June 2	What is a Resume? – Resume Basics (Online)
June 4	Digital Organization & Time Management (Online)
June 12	Canadian Workplace Culture (Online)
June 16	Mastering LinkedIn (Online)
June 18	Job Search Strategies for Youth & New Workers (Online)
June 22	Soft Skills 101 (Online)
June 30	Navigating Your First Job in Canada (Online)

MENTORSHIP PROGRAM

The mentorship program through MCAF aims to connect newcomer clients with professional mentors. During the meetings with their mentors, newcomer clients will have the opportunity to learn from and network with their mentors.

Requirements for mentees:

- Must be a registered client of MCAF.
- Able to have a maximum of five (5) meetings with mentor.
- Ability to spend 30 minutes to 1 hour with mentor during each meeting.
- Must have a CLB 4 and below.
- Register using this link if you are interested: [Mentorship 2026 \(Mentee\)](#)

Scan to apply



MCAF EMPLOYMENT SERVICES FACEBOOK & YOUTUBE

Follow MCAF Employment Services [MCAF Employment Services Facebook Group](#) where we share:

- Hidden market job opportunities
- Employment tips and tricks
- Information about programs exclusive to MCAF clients and members
- Invitations to our Networking Club and Job Fairs

You can also check out past workshops and helpful videos on our [YouTube channel](#).

Join our Also consider joining our [MCAF Employment Services Facebook Group](#) for daily updates and community support!

CHILDREN & YOUTH PROGRAMS

SETTLEMENT WORKERS IN SCHOOLS (SWIS)

The MCAF Settlement Workers in Schools (SWIS) team offer settlement services to newcomer students and their families in Fredericton and the surrounding area. In partnership with local schools, the Anglophone School District and community partners, SWIS workers support students to learn about and to integrate into their new school and community.

**For more info & additional tutoring, homework & school support, please contact:
SWIS for Anglophone Schools (K-G12): swis@mcaf.nb.ca or (506)476-1300**

SWIS ACTIVITIES				
ACTIVITY	DATE & TIME	LOCATION	AGE	
Summer Program Information Session for Parents Join us and learn about our summer program for kids age 12+	June 4 10am - 12pm	MCAF	Parents	
For more info & to register: swis@mcaf.nb.ca				

YOUTH GROUPS ACTIVITIES			
ACTIVITIES & SESSIONS	DATE & TIME	LOCATION	
Babysitter Training Course Open for newcomer youth between ages 12-18 years old.	June 13 9am-4pm	MCAF	
For more info & to register: ola.hammadneh@mcaf.nb.ca or ilhan.abdi@mcaf.nb.ca			

CHILDREN & YOUTH WELLNESS, RECREATION & ART PROGRAMS			
ACTIVITIES	DATE & TIME	LOCATION	
SWIS Youth Summer Program <u>Registration Form</u>	June 22 - August 14 9am - 3:30pm	MCAF	
<p>For more information and registration click HERE or Scan the QR Code Vinz Bariring: 506-292-6105 / Vinz.bariring@mcaf.nb.ca or Cole Moar: 506-471-1612 / Cole.moar@mcaf.nb.ca</p>			

NB SKILLS-LAUNCH YOUTH (SKY)

Skills Launch Youth is an employability program designed for newcomers age 15-30 experiencing barriers to employment. Participants learn about Canadian workplace culture, local labour markets, interview skills, resume building, networking, English or French language enhancement & much more. In-class training is followed by an opportunity for a work placement.



PARTICIPANTS MUST:

- Must be a Permanent Resident or protected person per Immigration & Refugee Protection Act, or Citizen
- Must be legally entitled to work in Canada, and NB
- Must be facing unique needs and barriers to employment, and not be working nor be in training in the past 6 months
- Must be committed to complete the SKY classes, technical training, and employment workshops
- Must be committed to complete a SKY employment placement
- Should have an approximate CLB level 4+

To see if you qualify for this program contact the Skills Launch coordinator:
olesia.matrosenko@mcaf.nb.ca

HIPPY Program 2026

HOME INSTRUCTION FOR PARENTS OF PRESCHOOL YOUNGSTERS

- Are you a permanent resident / refugee newcomer to Canada with a 3 or 4 year old child?
- Do you want to help your child succeed in school?
- Are you willing to spend 15 minutes a day with your child?

HIPPY offers you the materials and support to engage your pre-schooler in activities related to

- Reading
- Writing
- Language
- Mathematics
- Science
- Motor Development



For more information & registration
HIPPY@mcaf.nb.ca
(506) 886-1321

LIMITS ON ELIGIBILITY TO THE SETTLEMENT PROGRAM FOR ECONOMIC IMMIGRANTS

Starting April 1, 2026, Immigration, Refugees and Citizenship Canada (IRCC) will introduce new limits on eligibility for Settlement Program services for economic immigrants. Economic-class permanent residents and their dependents will be eligible for services for up to 6 years after obtaining permanent residency, reducing to 5 years starting April 1, 2027.

These changes will apply retroactively and will not affect refugees or family-class immigrants. Clients currently enrolled in IRCC-funded language training before March 31, 2026 may continue their courses during a short transition period. Service providers are encouraged to inform affected clients and connect them with alternative community or provincial services where available.

CULTURAL EXPRESSIONS FESTIVAL 2026 – SAVE THE DATE!



The Cultural Expressions Festival 2026 will present an exciting day of entertainment from around the world on June 27, from 12:00 PM to 7:00 PM at Officers’ Square.

This year’s theme, “Akwaaba Meets Wazobia: A Journey of Unity in Diversity,” will feature Ghanaian and Nigerian multicultural dance and music performances, a drumming circle, cultural displays, food for purchase, and family activities, coordinated by MCAF and Fredericton’s ethno-cultural associations. A series of multicultural activities will also take place throughout June. Free admission.

The Cultural Expressions Festival 2026 is funded by: Immigration NB, Canadian Heritage, City of Fredericton, Downtown Fredericton, Fredericton Community Foundation

Activity	Date	Time	Location
Photo & Art Exhibition <i>Ghana and Nigeria's identity, traditions, and rich cultural tapestry</i>	June 1-30	Library Hours	Fredericton Public Library
Multicultural Drumming Circle	Thursday, June 4	6-7pm	MCAF
Multicultural Art Workshop - West Africa Art Workshop	Saturday, June 6	10am-12pm	Fredericton Public Library
International Cricket Tournament	Saturday & Sunday June 13 & 14	11am-7pm	Grant Harvey Centre
Anti-racism community Conversation	Thursday, June 23	5:30pm-8pm	MCAF
Living Library: Stories we carry, building unity in diversity	Wednesday, June 24	4:30pm-7:30pm	Fredericton Public Library
Multicultural Performances & Info Booth	Thursday, June 25	4pm-8pm	Garrison Night Market
Exhibition at Museum	June 21-27	Museum Hours	Officers' Square
Cultural Expressions Festival	Saturday, June 27	12pm-7pm	Officers’ Square

We acknowledge the financial support of:



Government of Canada

Gouvernement du Canada



FOLLOW US ON SOCIAL MEDIA

