

MAY 2025 ISSUE

# MULTICULTURAL ASSOCIATION OF FREDERICTON INC. (MCAF)

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April/Avril 2025

S/D	M/L	T/M	W/M	T/J	F/V	S/S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

June/Juin 2025

S/D	M/L	T/M	W/M	T/J	F/V	S/S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## MAY/MAI



SUN/DIM	MON/LUN	TUE/MAR	WED/MER	THU/JEU	FRI/VEN	SAT/SAM
				1	2	3
				Newcomer Scholarship Online Auction (May 1-8 mai) Vente aux enchères en ligne des bourses d'études pour les nouveaux arrivants		
				Asian Heritage Month Mois du patrimoine asiatique (May 1-31 mai)	PD Day Journée pédagogique (K-12)	
4	5	6	7	8	9	10
	National Teacher Appreciation Week La semaine nationale d'appréciation des enseignant(e)s (May 5-9 mai)				Children & Youth Summer Recreation Fair Foire de récréation d'été pour les enfants et jeunes	
11	12	13	14	15	16	17
Mother's Day Fête des mères	Info session - scholarship applications at MCAF Séance d'information et l'assistance pour remplir les demandes de bourses d'études à l'AMCF			Vyshyvanka Day - Embroidered Shirt Day Journée Vyshyvanka	PD Day Journée pédagogique (K-12 Francophone)	
	PD Day Journée pédagogique (K-12 Anglophone)					
18	19	20	21	22	23	24
	Victoria Day Jour de Victoria					
25	26	27	28	29	30	31
					PD Day Journée pédagogique (K-12 Francophone)	

## WELLNESS ACTIVITIES

ACTIVITY

DATE & TIME

LOCATION

### Knitting Circle

If you want to learn how to knit or have an item you have been working on and want to have support finishing it, please join us!

[One-time registration link](#)

Saturdays  
11am-1pm

MCAF Reception  
Area

### Women Sewing Program

Whether you're just starting out or have been sewing for years, our Sewing Circle is a welcoming space for everyone!

[Registration link](#)

Saturdays  
1-4pm

MCAF

For more information: [wellness@mcaf.nb.ca](mailto:wellness@mcaf.nb.ca)

## ACCESS TO ON-SITE COMMUNITY RESOURCES

### PARTER

### DATE & TIME

<b>Cst. Rodney Wadden</b> , Community Liaison, Fredericton Police Force	May 1, 12-1:30pm
<b>Self-care Info Session In Partnership with Canadian Mental Health Association</b>	May 22, 11am

## SETTLEMENT INFORMATION & ORIENTATION SESSIONS

IN ENGLISH, WITH INTERPRETATION AVAILABLE UPON REQUEST  
(FRENCH, ARABIC, MANDARIN, DARI, PASHTO, SOMALI, SWAHILI, TIGRINYA AND UKRAIN AN)

### SESSION

### DATE

### TIME

### LINK

<b>MCAF Intake Sessions for new arrivals</b> For newcomers who have just arrived in Fredericton, want to meet with MCAF staff & learn about MCAF and community programs and services	Tuesdays Thursdays	10:30am	<a href="#">Registration</a>
<b>Q&amp;A Session for NAARS Settlement Plan</b> For newcomers with questions about the NAARS settlement plan and seeking an advice from a SINAAR worker	Wednesdays Fridays	10:30	<a href="#">Registration</a>
<b>Q&amp;A Session for AIP Settlement Plan</b> This session offers info on the Atlantic Immigration Program (AIP) for newcomers in Fredericton (6 months or less)	Mondays	4pm	<a href="#">Registration</a>
<b>Exploratory visit - NB Business Immigration Stream</b>	Tuesdays	11am	<a href="#">Registration</a>
<b>Q&amp;A Session: Ask the Settlement Worker</b> One on One sessions for MCAF clients who are looking for support and guidance with specific settlement related challenges.	Thursdays	9:30am	<a href="#">Registration</a>
<b>Fire Prevention Education to Newcomer</b> Learn how to prevent home fires, the importance of smoke alarms, and how to plan a safe escape.	May 6	3pm	MCAF <a href="#">Registration</a>
<b>Stand Against Online Hate. Unlock Your Strength</b> Learn how to prevent fires, the importance of smoke alarms, and how to plan your escape to stay safe	May 13	10am	<a href="#">Registration</a>
<b>Self-care Info Session</b> Learn what self-care is, why it matters, and how to prevent burnout, compassion fatigue, and vicarious trauma with simple, practical strategies.	May 22	11am	<a href="#">Registration</a>
<b>Introduction to Le CAFi Services</b> Join our presentation to learn about Le CAFi (Centre d'accueil et d'accompagnement francophone des immigrants du Sud-Est du Nouveau-Brunswick), an organization dedicated to serving the French-speaking immigrant community. Discover the services they offer and how they support newcomers.	May 27	9:30am	<a href="#">Registration</a>

For more info on settlement I & O sessions: [settlement@mcaf.nb.ca](mailto:settlement@mcaf.nb.ca)

# NEWCOMER SCHOLARSHIP FUNDRAISER ONLINE AUCTION

Bid here: [www.fundraiser.bid/mcaf](http://www.fundraiser.bid/mcaf)

MCAF is hosting the 5th annual Newcomer Scholarship Fundraiser Online Auction, starting **May 1, 8am until May 8, 8pm**, to raise funds to assist newcomers with their post-secondary education.

To donate for the MCAF Newcomer Scholarship Trust Fund, please visit our website <https://mcaf.nb.ca/en/donate-now/>



MCAF Newcomer Scholarship Fund has awarded **128** scholarships since 2011 to support newcomers with their post-secondary education

## - FIRST FREDERICTON FRIENDS (FFF)

Be a friend AND welcome newcomers to our community! The First Fredericton Friend Program has openings for you. Learn about other cultures and traditions while sharing your time and resources to help settle our new neighbours. An enriching cultural experience awaits.



### *First Fredericton Friend* volunteer

Commitment: 2 hrs/week (min. 6 months)  
Responsibilities: conversation, friendship-building, introduction to the community resources, language practice

Email at [community-liaison@mcaf.nb.ca](mailto:community-liaison@mcaf.nb.ca)



## - ONLINE ENGLISH LANGUAGE TUTORS

Volunteer with MCAF as an English Language Tutor while enhancing your teaching skills. Gain experiences supporting the settlement & integration of newcomers in our community.

- Volunteers provide tutoring for newcomers, usually one-on-one, in some cases 2-3 students
- Volunteers require a 3-6 month commitment.
- Meet once a week for 1-1.5 hours for meaningful language activities.

For more info: [community-liaison@mcaf.nb.ca](mailto:community-liaison@mcaf.nb.ca)

**SCAN AND APPLY NOW**



## ON-SITE & ONLINE ENGLISH CLASSES

MCAF offers ESL classes for eligible candidates. Class levels are from Foundation Literacy to CLB6. To join an English class: [esl@mcaf.nb.ca](mailto:esl@mcaf.nb.ca)

## ONLINE ENGLISH CONVERSATION GROUPS

CLB 3-4 language level: Saturdays 9-10am - online

CLB 5+ students: Saturdays 10-11:30am - onsite

To join the conversation groups: [esl@mcaf.nb.ca](mailto:esl@mcaf.nb.ca)

## CANADIAN ENGLISH LANGUAGE PROFICIENCY INDEX PROGRAM (CELP/IP)

We've added additional CELPIP test dates in the MCAF computer lab. Starting in January, Sunday test dates will also be available!

To schedule your test or view upcoming test dates, visit: <https://www.celpip.ca/city/fredericton/>

## CULTURAL EXPRESSIONS FESTIVAL 2025 – SAVE THE DATE!



The Cultural Expressions Festival 2025 will present an exciting day of entertainment from around the world on June 28, 12pm-8pm at Officers' Square. This year's theme, the Light Beyond the Mountains: Afghan Resilience, Culture & Connection will feature Afghanistan and showcase multicultural dance and music performances, drumming circle, displays, food for purchase and family activities, coordinated by MCAF & Fredericton's ethno-cultural associations. There will be a series of multicultural activities in June. Free admission.

Activity	Date	Time	Location
Art Session The World Community Village	Sunday, May 25	12pm-3pm	Beaverbrook Art Gallery
Photo & Art Exhibition Light Beyond the Mountains: Afghan Resilience, Culture & Connection	June 1-30	All day	Fredericton Public Library
Drumming Circle	Thursday, June 5	6-7pm	Beaverbrook Art Gallery
Art Session Fly Beyond the Mountains: Afghanistan Kite Making	Saturday, June 7	10am-12pm	Fredericton Public Library
International Cricket Tournament	Saturday & Sunday June 14 & 15	11am-7pm	Grant Harvey Centre
Anti-racism Panel Discussion	TBC	5pm-7pm	MCAF
Living Library	Wednesday, June 25	4:30pm-7:30pm	Fredericton Public Library
Multicultural Performances & Info Booth	Thursday, June 26	4:30pm-9pm	Garrison Night Market
Cultural Expressions Festival	Saturday, June 28	12pm-8pm	Officers' Square

### HIPPY Program 2025

#### HOME INSTRUCTION FOR PARENTS OF PRESCHOOL YOUNGSTERS

- Are you a permanent resident / refugee newcomer to Canada with a 3 or 4 year old child?
- Do you want to help your child succeed in school?
- Are you willing to spend 15 minutes a day with your child?

**HIPPY offers you the materials and support to engage your pre-schooler in activities related to**

- Reading
- Writing
- Language
- Mathematics
- Science
- Motor Development



**For more information & registration**

**HIPPY@mcaf.nb.ca  
(506) 471-3146**

## CALL FOR SUBMISSIONS: "BECOMING US" MULTICULTURAL ART EXHIBITION

The Multicultural Association of Fredericton (MCAF) is seeking newcomer and immigrant artists to participate in Becoming Us, an exhibition exploring identity, change, and belonging through migration. This showcase will take place at Government House in September 2025.

### Accepted Art Forms:

- ✓ Paintings ✓ Sculptures ✓ Photography ✓ Textile Art
- ✓ Collage & Mixed Media

### How to Submit:

- Submit up to three pieces.
- Send clear photos of your artwork.
- Include the following details in the form:
  - Your full name and country of origin
  - Title(s)
  - A short description of how your work connects to Becoming Us

**Submission Deadline:** August 1, 2025

For questions, please contact [mihail.milchenko@mcaf.nb.ca](mailto:mihail.milchenko@mcaf.nb.ca)



**Click [HERE](#)  
or Scan to apply**

## CHILDREN & YOUTH PROGRAMS

### SETTLEMENT WORKERS IN SCHOOLS (SWIS)

The MCAF SWIS offer settlement services to newcomer students and their families in the Fredericton and surrounding area. In partnership with local schools, the Anglophone School Districts, and community partners, SWIS workers support students to learn about and to integrate into their new school and community.

**For more info & additional tutoring, homework & school support, please contact:  
SWIS for Anglophone Schools (K-G12): [swis@mcaf.nb.ca](mailto:swis@mcaf.nb.ca) or (506)476-1300**

Fredericton High School students are welcome to visit our office located in Room E127, available Monday through Friday, from 9:00 AM to 2:00 PM. For further assistance, please contact:

- **Jeremias Tecu at [jeremias.tecu@mcaf.nb.ca](mailto:jeremias.tecu@mcaf.nb.ca) or (506) 476-1300**
- **Ilhan Abdi at [ilhan.abdi@mcaf.nb.ca](mailto:ilhan.abdi@mcaf.nb.ca) or (506) 471-6338**

### SWIS ACTIVITIES

ACTIVITY	DATE & TIME	LOCATION	AGE
<b>1 on 1 tutoring program with United for Literacy</b> Tutoring for Math, Science & English subject support	evenings & weekends	Online	children & youth
<b>Homework support/Tutoring programs</b> Additional tutoring & homework supports for various subjects including Math, Science, English	determined based on each participant's schedule	Online	All Grades
<b>Tutoring Program at FHS</b> Support for various subjects including Math, Science, and English	Tuesdays & Thursdays 3:45 - 4:45	FHS	High school

**For more info & to register: [swis@mcaf.nb.ca](mailto:swis@mcaf.nb.ca)**

## CHILDREN & YOUTH WELLNESS, RECREATION & ART PROGRAMS

### ACTIVITIES & SESSIONS

### DATE & TIME

### LOCATION

<b>Cooking Classes for Youth – Different groups</b> Choose the day that best fits your schedule <a href="#"><u>Registration link</u></a>	May 16, 26 6 - 7:30pm	449-551 Needham st
<b>Theatre Games: Age 12+</b> <a href="#"><u>Registration link</u></a>	May 6 & 20 Middle-School 5:30 - 6:30pm High-School 6:40 - 7:40pm	MCAF
<b>Cricket for Girls: Age 12+</b> <a href="#"><u>Registration link</u></a>	May 17, 24 & 31 1 - 3pm	MCAF
<b>Cricket for Boys: Age 12+</b> <a href="#"><u>Registration link</u></a>	May 2, 9, 16 & 23 5:30 - 7:30pm	MCAF
<b>FUNDamental Dance: Age 12+</b> <a href="#"><u>Registration link</u></a>	May 13, 27 5:45pm	MCAF
<b>Chess for Beginners: Age 12+</b> <a href="#"><u>Registration link</u></a>	May 8 & 22 6 - 7:30pm	MCAF
<b>Arts and Crafts with Miguelina: Age 12+</b> <a href="#"><u>Registration link</u></a>	May 5, 12 & 26 5:30 - 7pm	MCAF
<b>Movie Night: Age 12+</b> Different movie every month, popcorn included <a href="#"><u>Registration link</u></a>	May 30 5:45 - 7:30pm	449-551 Needham st
<b>Journalist's Club</b> <a href="#"><u>Registration link</u></a>	May 1, 15 & 29 5:45 - 7:15pm	MCAF

For more information: [youth@mcaf.nb.ca](mailto:youth@mcaf.nb.ca)

We acknowledge the financial support of:

**Fredericton**

New Brunswick  
Nouveau Brunswick

DOWN TOWN  
FREDERICTON



Government of Canada

Gouvernement du Canada

NEW BRUNSWICK  
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COUNCIL  
CONSEIL  
MULTICULTUREL DU  
NOUVEAU-BRUNSWICK

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Association of Nova Scotia

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St. Thomas  
UNIVERSITY

UNB  
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NEW BRUNSWICK

S.U.C.C.E.S.S.

PLANNING FOR  
CANADA

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