

# Volunteer



[www.mcaf.nb.ca](http://www.mcaf.nb.ca)

## Make a Difference as a Volunteer at MCAF

The Multicultural Association of Fredericton Inc. **Volunteer Program** matches volunteers with newcomers. When you volunteer at MCAF you help newcomers settle into our community. While learning about different cultures, traditions and customs, volunteers and newcomers make new friendships and expand their networks in Fredericton.

### Who can become a MCAF volunteer?

Volunteers may be new to Canada, long-term residents, or Canadian citizens.

### What might I do as a volunteer?

Volunteers are a vital part of the programs and services at MCAF. Whether you are looking for a short or long-term commitment, there are many opportunities for you to make a difference. Volunteer opportunities include:

- **First Fredericton Friends** provide newcomers with friendship, support and links to community resources and services. MCAF offers information and training sessions for both volunteers and newcomers to clarify expectations and roles. The commitment varies with each volunteer, but it is strongly encouraged to dedicate a few hours of your time, on a weekly basis for at least six months.



Together we're Better!



- **English or French Tutors** meet weekly with newcomer participants (one-on-one) or in small conversation groups. Tutors provide opportunities for newcomers to practice their English or French and also help newcomer children with their homework. Volunteers develop their teaching skills and learn more about other cultures.
- **Professional mentors** share their knowledge about their occupation/profession, the local labour market, and the community with newcomers of a similar occupation. Mentors provide informal advice, connections, and moral support to the newcomer. This allows skilled newcomers to build their network and enter the job market in their area of expertise.
- **Special Events:** Event volunteers learn about new cultures and make new friends while helping to organize and support community events.

How do I sign up to be a volunteer?

### Step 1. Fill out an Application Form:

Fill out the **Volunteer Application Form**, available from [community-liaison@mcaf.nb.ca](mailto:community-liaison@mcaf.nb.ca), in our lobby and on our website.

### Step 2. Submit Required Documents:

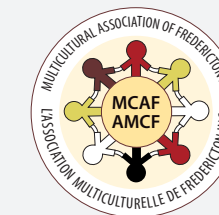
- a current **criminal record check** for vulnerable populations
- **resume**
- signed MCAF **Volunteer and Confidentiality Agreement**

### Step 3. Volunteer Training:

All applicants will receive an orientation package and additional training as needed.

Once you have completed this 3-step process, we will contact you to get started as a volunteer!

For more information please contact us:



### Multicultural Association of Fredericton Inc.

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Funded by: Immigration, Refugees and Citizenship Canada / Financé par: Immigration, Réfugiés et Citoyenneté Canada



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